



Long Branch High School October 2025

Together We Can, Juntos Nós Podemos, Juntos Podemos



Handcrafted Deli Sandwiches
Assorted Deli Meats and Cheeses
Assorted Fresh Toppings and Spreads
Choice of Tuna or Egg Salad Daily
Assorted Wraps, Rolls and Bread



**Cheese and Pepperoni Pizza
Plus, Sausage Pizzas**
Monday: Mozzarella Sticks w/ Crispy Fries
Tuesday: Hawaiian Pizza
Wednesday: Pepperoni Cheese Calzone
Thursday: Buffalo Chicken Pizza
Friday: Pizza Bagel

	Menu is Subject to Change	10/1 Chicken Biryani Bowl Turmeric Rice, Spice Roasted Chickpeas, Tomato and Spinach Tomato Basil Soup	10/2 Crispy Chicken & Golden Waffles Sweet Potato Fries Buttered Green Peas Tomato Basil Soup	10/3 Chicken & Broccoli Alfredo Pasta Dinner roll Roasted Vegetables Tomato Basil Soup
10/6 Celebrate National Noodle Day! Pumpkin Penne Alfredo Garlicy Steamed Spinach Broccoli Cheddar Soup	10/7 Taco Bar Choice of Chicken or Beef Taco Spanish Rice Aztec Corn Broccoli Cheddar Soup	10/8 Hot Open Turkey Sandwich w/ Gravy Mashed Potatoes & Sweet Peas Broccoli Cheddar Soup	10/9 Beef & Cheese Enchiladas w/ Spanish Rice Refried Beans Black Bean & Roasted Corn Salsa Broccoli Cheddar Soup	10/10 Brunch Bar (French Toast Sticks, Pancakes, Sausage, Biscuits & Gravy) (v) & Crispy Tater Tot Broccoli Cheddar Soup
10/13 School Closed Columbus Day	10/14 Taco Tatchos w/ Cheddar Cheese Sauce Tator Tots Roasted Corn and Pepper Salad Chicken Noodle Soup	10/15 Chicken fajita w/ Onions & Peppers Steamed Rice Mexican Corn Chicken Noodle Soup	10/16 Meatballs over Pasta Marinara Roasted Broccoli & Carrots Chicken Noodle Soup	10/17 Baked Chicken Tenders Crispy Wedges Glazed Carrot Coins Dinner Roll Chicken Noodle Soup
10/20 Breakfast for Lunch French Toast Sticks w/ Syrup Turkey Sausage Links Home Fries Baked Cinnamon Pears Cream of Potato Soup	10/21 Loaded Nacho w/ Toppings Mex Roasted Sweet Potatoes Black Bean Salsa Cream of Potato Soup	10/22 Sweet & Sour Chicken "Take Out" w/ Rice Chinese Style Vegetables Mandarin Cabbage Salad Cream of Potato Soup	10/23 Chef David's Delicious Baked Ziti Garlic Bread Steamed Jersey Fresh Collard Greens Cream of Potato Soup	10/24 Potato Bar (Chili, Pulled Pork, Taco Filling) (Tots, Wedges, Baked Potato) Broccoli Cream of Potato Soup
10/27 Boneless Wings (Sweet Chili, BBQ, Buffalo) Crispy Fries Carrot & Celery Sticks Tomato Basil Soup	10/28 Twin Taco w/ Toppings Cilantro Lime Rice Mex Zucchini Black Beans Salsa Tomato Basil Soup	10/29 Featured LTO Recipe Pumpkin Penne Alfredo Tomato Basil Soup	10/30 Crispy Chicken & Golden Waffles Sweet Potato Fries Buttered Green Peas Tomato Basil Soup	10/31 Chicken & Broccoli Alfredo Pasta Dinner roll Roasted Vegetables Tomato Basil Soup

For Nutrition
information

<https://longbranch.nutrislice.com/menu>

This institution is an equal opportunity provider

Sides Offered Daily with Lunch Choices

Fresh Vegetables, Specialty Made Salads,

Assorted Fresh Fruits or Canned Fruits

Assorted 100% Juices

Assorted Low Fat and Skim Milks & Lactaid Milk